



shape our future...

Tell us your views
Public consultation document
January 2009

A Better View

a better view...

a better view...

This document describes what a Foundation Trust is and why 5 Boroughs Partnership NHS Trust is applying to become one. It explains our plans and describes the improvements that we want to make to deliver even better mental health and learning disability services to the people of the five boroughs of Halton, Knowsley, St Helens, Warrington and Wigan, plus those beyond these geographical boundaries who may use our services now and in the future.

It describes how, as a Foundation Trust, we plan to operate and how we will involve local people and become even more accountable to the communities that we serve.

It gives you the information you need about our future plans so that you can give us your feedback.

We want to know what you think about these plans so we are consulting with the public, service users, carers, staff, colleagues from partner organisations and the voluntary sector. The consultation will take place over a twelve week period starting on 26 January 2009 and ending on 19 April 2009.

We are also inviting you to become a member of the future Foundation Trust.



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welcome...
MEJCOWE™

“ The Trust is delighted to be in a position to apply for Foundation Trust status. This position recognises the progress that has been made over the last eighteen months and credit must be given to the hard work and dedication of our staff who constantly strive to make improvements.

We have improved our standing with our service users and partners by being open and straightforward; passionate about our drive to improve mental health services; listening to and acting on the feedback of the experiences of those who need and use them; and doing what we say we will.

This is an exciting time for the Trust and an opportunity for local people to have a say in how our future services are developed.

Becoming a Foundation Trust means that local people can have greater influence in shaping the future of the Trust and helping us to deliver even better services.

Foundation Trusts remain part of the National Health Service (NHS) and are based on the same principles and values of public service. They are, however, run differently, enabling the Trust to respond more readily to the needs of the population it serves. We think that Foundation Trust status will bring real benefits to the people we serve but we need to know what you think of these plans.

It is very important to us that our partners, service users, carers, staff and local communities have the opportunity to get involved and give their views, so we encourage you to respond using our Consultation Response form on page 16 of this document.

We look forward to hearing from you and after the consultation is completed we will make a summary of your comments publicly available via our website. ”



Simon Barber, Chief Executive



Bernard Pilkington, Chairman

who we are...

and what we do

We provide treatment, support and guidance for people of all ages affected by mental ill health, and for people with learning disabilities.

The 5 Boroughs Partnership NHS Trust was established on 1 April 2002.

Our services are mainly provided to people who live in the boroughs of Halton, Knowsley, St Helens, Warrington and Wigan. Our services are locally sited, though we also provide some very specialised services that are available to people from all the boroughs.



We believe in providing a better view of mental health – for our service users and carers, our commissioners, our partners, our employees and our communities.

Our services are commissioned mainly by four Primary Care Trust commissioners: NHS Ashton, Leigh and Wigan, NHS Halton and St Helens, NHS Knowsley and NHS Warrington.

We deliver the majority of our services through integrated teams with our local authority partners. These working arrangements are formally recognised in Partnership Agreements to ensure that our service users receive co-ordinated care and support.

caring

professional

service quality

listening

Some facts and figures

We provide mental health services to a population of 938,005 across our five boroughs.

We provide:

- 290 acute adult in-patient beds
- 16 psychiatric intensive care beds
- 35 low secure beds
- 18 learning disability beds

We also have 49 Community Teams.

We spend approximately £97 million each year providing health and social care services.

Our performance

In the 2008 Annual Health Check, carried out by the Healthcare Commission, we were rated 'Excellent' for the quality of services that we provide. We fully met the three main components:

- the Core Standards set by the Department of Health known as 'Standards for Better Health'
- the existing National Targets
- the new National Targets for Mental Health.

Reports from our service users, based on the National Patients' Survey, conducted independently from the Trust, have shown a marked improvement over the last four years.

Overall in 2008 the Patient Survey shows our service users rate the Trust in the top 20% of mental health trusts nationally.

The Healthcare Commission rated our use of resources (economy, efficiency, and effectiveness) as 'Fair' and said that we were performing 'adequately' with regard to our financial targets for the past four years.

our vision...

Our vision is to be a leading provider of world-class mental health services with a reputation for innovation and excellence.





our vision...

To achieve this vision we have set out the following strategic intent:

1. To be the provider of specialist services in our current boroughs (Halton, Knowsley, St Helens, Warrington, and Wigan) and to seek opportunities to further expand our provision catchment.
2. To be the 'provider of choice' for caring for children, adults and older people with a range of psychological and mental health problems and/or learning disabilities.
3. To provide services that are focused on achieving positive outcomes and provide information that demonstrates that the services deliver value for money and are in the top 25% of mental health trusts for quality.
4. To provide services that will support and improve the mental health and well-being of the population we serve.

5. To provide care in the most appropriate and least restrictive setting through partnership working with primary care, local authorities, the independent sector and the criminal justice system.

Our corporate objectives

Our vision and strategic intent is underpinned by a number of corporate objectives which enable us to drive the organisation towards success. A programme of change and improvement is focused on each objective area:

- service delivery and patient experience
- effective and efficient organisation
- service innovation and business development
- engagement and partnership working

- well governed
- financially viable
- organisational development
- workforce management and experience.

Our track record of delivery

We have a significant record of delivery.

We have:

- improved our adult services by moving from an in-patient led service to a community led service model with a recovery focus
- re-designed and re-furbished our in-patient facilities with advice from service users to increase the quality of the environments, increase safety and increase the proportion of single sex accommodation in en-suite rooms

access quality efficiency integration patient experience value for money

- increased levels of patient satisfaction year on year for the last four years
- introduced a payment scheme to reward our service users and carers who get involved in many areas of the Trust's business, including recruitment panels, Serious Untoward Incident investigations and service improvements.

The experience of successfully managing and growing our services provides a firm basis on which to build our Foundation Trust and continue to develop services over the next five years. All our services will be responsive to the needs of our local communities.

Our key priorities

Access

We will provide simple and quick pathways to enable service users and professionals to access our services. We will direct you to other services where required and provide referral onwards where appropriate.

Quality

We will continue to strive towards excellence through service improvement and redesign to ensure that quality service provision is at the heart of what we do.

Patient experience

We will work with service users and carers to better understand what it is like to receive our care. We will use this information in service redesign and pathway improvement.

Efficiency

We will work to become an efficient organisation with streamlined processes and uncomplicated pathways. We will fight against bureaucracy as an excuse for waste and delay.

Integration

We will work closely with our partners to ensure that our care pathways are delivered in ways that suit our service users rather than our own organisational structures. We will work with partners for mutual rather than individual success.

Value for money

We will achieve sustainable growth in income and add value to the communities we serve. As a Foundation Trust we will make decisions locally in partnership with our service users on how to best use the resources we receive.

what?



What is a Foundation Trust?

A Foundation Trust is an NHS organisation that operates on the principle of working with its members for public benefit. A Foundation Trust remains part of the NHS and maintains the principles and standards of the NHS, such as delivering services without charge.

Foundation Trusts are subject to NHS standards, performance measures and inspection processes.

They are overseen by an independent regulator, Monitor, and inspected by the Healthcare Commission (to be replaced by the Care Quality Commission from April 2009) which is the body that ensures that Foundation Trusts meet their obligations. The main difference is that a Foundation Trust is run locally, with local people as its members who have a say in how the organisation responds to the specific needs of the population it serves.

A Foundation Trust must continue to meet all the duties and responsibilities required by the NHS, but it does so with the involvement of its members who elect people to sit on its Council of Members.

NHS Foundation Trusts are different in a number of key ways, they:

- are established as public benefit corporations and therefore are governed in a similar way to co-operatives and mutual building societies
- are more accountable to local people who can become members and have a say in how the Trust is governed
- have more freedom to decide their priorities in response to local need
- have greater financial freedom that gives them greater flexibility in how services are provided.

why?

What are the benefits of becoming a Foundation Trust?

Becoming a Foundation Trust will provide a number of benefits. It will:

- enable greater involvement of our local communities and staff in the development of services
- allow the Trust to respond to what local people want and need from their local mental health and learning disability services
- give local freedom to develop enhanced mental health and learning disability services and respond to local priorities
- provide the opportunity for greater financial flexibility
- reduce the burden and bureaucracy of central monitoring while still ensuring high service standards are maintained.

We aim to maximise the benefits of becoming a Foundation Trust and will use this as the key driver to continue improving our services over the next five years. We have been successful in achieving a rating of 'Excellent' for quality of our services in the Annual Health Check, but will continue to improve and develop.



and how?

How will we be governed?

As a Foundation Trust our governance structure will comprise three main components:

- a membership community made up of local people, service users, their carers and staff
- a Council of Members, comprising elected members of the public and staff along with people appointed from partner organisations and chaired by the Trust's Chairman
- a Board of Directors made up of a Chairman and Non-Executive Directors appointed by the Council of Members, a Chief Executive appointed by the Non-Executive Directors with the approval of the Council of Members and Executive Directors appointed by the Chief Executive and Non-Executive Directors.

The Board of Directors

The Board of Directors will have responsibility for ensuring that the Trust is properly run, meets the requirements of Monitor (the independent regulator) and provides good services. Initially, its membership will include Executive and Non-Executive Directors who transfer from the current NHS Trust. In the future Non-Executive Directors would be appointed through a panel and approved by the Council of Members.



The Council of Members

We plan to have 48 people in the Council of Members, which will be made up of members of the public and our staff and people who have been nominated by partner organisations. People who are elected to sit on the Council of Members will be called Member Councillors.

Member Councillors will make sure that the views of the community are contributed when the Board of Directors develops strategies and plans for the Trust. They also make sure that the Board carries out what it has agreed to and upholds the Trust's values.

Member Councillors will give the Board ideas and views from the members they represent on how to provide services that the local community needs. They act as a link between members and the Board of Directors. They let the members know about any changes that

are going to take place and report back to the Board of Directors about what people think.

Member Councillors' responsibilities include:

- appointing the Chairman
- appointing the Non-Executive Directors
- approving the appointment of the Chief Executive
- removing the Chairman and Non-Executive Directors
- agreeing Non-Executive Directors' terms and conditions
- appointing and removing auditors
- receiving the annual report and accounts
- consulting on proposed changes and providing guidance on the future direction of the NHS Foundation Trust.

The following diagram illustrates the proposed make up of the Council of Members.



we're listening...

Consultation process, timetable and response

5 Boroughs Partnership NHS Trust invites you to let us know your views on the proposals regarding our vision and proposed governance arrangements set out in this consultation booklet.

The consultation period runs from Monday 26 January 2009 for twelve weeks to Sunday 19 April 2009.

Details of events will be published on our website www.5boroughspartnership.nhs.uk



Tell us your views

There are several ways in which you can participate in this consultation; options are as follows:

By post

Fill in the opposite consultation questionnaire and return it to us at:

5 Boroughs Partnership NHS Trust
Hollins Park House
Hollins Park
Hollins Lane
Winwick
Warrington
WA2 8WA

If you wish to send more detailed comments you may wish to write to Emma Parkes, Head of Communications at the above address.

By email

Email your comments to communications@5bp.nhs.uk

In person

We will be holding consultation sessions at various events around the boroughs where you may wish to give your comments directly to Trust staff.

Consultation response form

Please provide your comments on our consultation questions by Sunday 19 April 2009 by tearing out and returning this form. We look forward to receiving your views.

(Please tick Yes or No as applicable to your views)

Q.1 Do you agree with our proposals to become a Foundation Trust?
Yes No (If No – please state why you do not agree)

Q.2 Do you agree with the proposals for the make up of the Council of Members as part of our governance arrangements?
Yes No (If No – please state why you do not agree)

Q.3 Do you agree with our proposals regarding the number of public Member Councillors? Yes No (If No – please state why you do not agree)

Q.4 Do you agree with our proposals for the number of staff Member Councillors?
Yes No (If No – please state why you do not agree)

Q.5 Do you agree with our proposals for Appointed Member Councillors from partner organisations? Yes No (If No – please state why you do not agree)

Q.6 Do you think that our plans for the future will help to improve local services for local people? Yes No (If No – please state why you do not agree)

Any other comments?

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About you (Please tick Yes or No as applicable)

Do you live in an area served by the Trust? Yes No

Do you work for the Trust? Yes No

Do you work for one of our partner statutory organisations? Yes No

If you answer yes to either of the following questions, we will need your name and contact information.

I am interested in becoming a member of the Foundation Trust and will return a completed membership form Yes No

I am interested in standing for election as a Member Councillor Yes No

Name:

Address:

.....
.....
.....

Postcode:

Email:

(Please tick your preferred means of contact)

Post Email

Please fold along this line.



ready to....

listen!

Tell us your views.

A Better View

5 Boroughs Partnership 
NHS Trust



Freeport RSAC-GRCE-LEXC
5 Boroughs Partnership NHS Trust
Warrington
WA2 8WA

“ I truly believe the move towards Foundation Trust status will enable us to successfully manage and grow our range of services over the next five years, whilst achieving our aim that our service users and carers are at the heart of everything we do.

By joining us you can help us to achieve this, we look forward to working with you in the future. ”



Simon Barber, Chief Executive



working together...

Would you like to join us as a member?

Foundation Trusts enable people to play a part in the running of the organisation by becoming members and being involved in and informed of the activities of the Trust. Public membership is open to all residents of the communities we serve aged 14 years and over (with the exception of anyone who has been identified as a 'vexatious complainant' as defined by Trust policy, anyone who has been the subject of official action for acts of violence and aggression or, is registered as a sex offender).

We encourage you to consider becoming a member and getting involved with the Trust so that the diversity of our communities is fully represented. Trust staff will become members unless they choose to opt out.

We hope that you will want to become a member, especially if you or someone you know uses our services, you have an interest in mental health and learning disabilities, and you want to help shape future services and the way that people think about mental health and learning disabilities in the community.

You can get involved as little or as much as you want

Membership is free and means you can:

- become actively involved in the work of the Trust and shape our future plans
- get a better understanding of mental health services
- help to stamp out stigma and discrimination about people who have mental health problems
- elect people to the Council of Members

- stand for election yourself
- make sure that your views and those of your community are heard
- participate in working groups and reference groups regarding development and changes in services
- receive information about the Trust and how it is performing.

To register to become a member, please complete and return the opposite membership application form, or visit our website

www.5boroughspartnership.nhs.uk



Membership application form

General Information

5 Boroughs Partnership NHS Trust is applying for Foundation Trust status. If you would like to become a member please complete the required details below and return the form (Trust staff members do not need to complete an application form). Please note that you must be 14 years or older to become a member.

Thank you for your support.

About you

Title:

Full name:

Date of birth: / /

Address:

.....

.....

Postcode:

Tel no:

Email:

(Please tick your preferred means of contact) Post Email

Ensuring equal access (Please tick the box that indicates your ethnicity)

- | White | Black or Black British | Asian or Asian British | Mixed | Chinese/other ethnic group |
|------------------------------------|------------------------------------|--------------------------------------|---|---|
| <input type="checkbox"/> British | <input type="checkbox"/> Caribbean | <input type="checkbox"/> Indian | <input type="checkbox"/> White & black Caribbean | <input type="checkbox"/> Chinese |
| <input type="checkbox"/> Irish | <input type="checkbox"/> African | <input type="checkbox"/> Pakistani | <input type="checkbox"/> White & black African | <input type="checkbox"/> Any other |
| <input type="checkbox"/> Any other | <input type="checkbox"/> Any other | <input type="checkbox"/> Bangladeshi | <input type="checkbox"/> White & Asian | <input type="checkbox"/> Prefer not to disclose |
| | | <input type="checkbox"/> Any other | <input type="checkbox"/> Any other mixed background | |

Do you have a disability?

Yes No

(If you answered yes please indicate your disability and any special needs you have)

Sensory disability Physical disability Mental health problem Learning disability

My alternative support needs are:

.....

.....

.....

Level of engagement with the Trust

(Please tick the box which describes the level of engagement that you would like to have with the Trust)

- Gold** for example receiving regular updates, invitations to workshops and events, information about being a Member Councillor to sit on our Council of Members
- Silver** for example taking part in surveys, commenting on services and plans
- Bronze** for example receiving the newsletter and other updating information

Interested in being a Member Councillor?

Members have the opportunity to elect and to stand for election as Member Councillors who sit on the Trust's Council of Members as part of the way the Trust is organised and managed.

Would you like to know more about the role of a Member Councillor?
Yes No

Are you interested in standing for election as a Member Councillor? (you must be aged 16 or above)
Yes No

Declaration

I would like to become a member of the Foundation Trust, when authorised.

Signed:

Date: / /

You can also complete this form online at www.5boroughpartnership.nhs.uk

Please fold along this line.



ready to....

join us?

Membership application form.

A Better View



5 Boroughs Partnership 
NHS Trust

Freeport RSAC-GRCE-LEXC
5 Boroughs Partnership NHS Trust
Warrington
WA2 8WA



“We feel involved in the services offered here, we have a voice and we feel respected.”

Service User Group

“I will always be grateful for the help and support you provided to my relative. You were a constant caring presence in their life.”

Carer

“I would like to thank my psychiatrist for his continued care of myself. He is very understanding and easy to talk to.”

Service User

5 Boroughs Partnership NHS Trust

Hollins Park House

Hollins Park

Hollins Lane

Winwick

Warrington

WA2 8WA

Tel: 01925 664000

Minicom: 01925 664094

Email: communications@5bp.nhs.uk

<http://www.5boroughpartnership.nhs.uk>